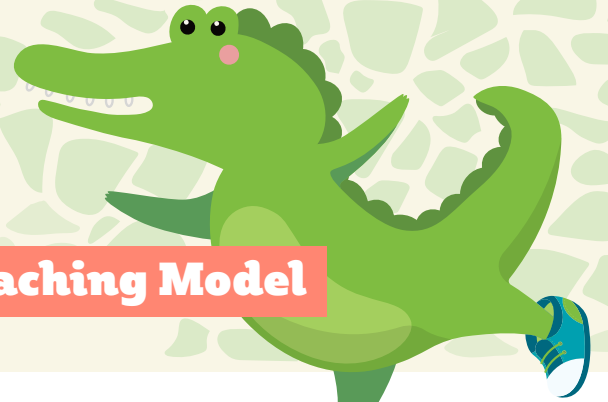


# Building Skills in Daily Routines

## Early Intervention Using the Coaching Model



### 1 Joint Planning

At the beginning of the visit, you and your provider will talk about the plan and goals for the visit. You share with your provider what you tried with your child, and what did and didn't work.

### 3 Opportunities

Your provider helps you identify and practice new ways to help your child meet his/her goals as you go about your daily routine. In between visits, you can put into action those strategies you came up with together.

### 5 Your Family's Plan: The 5Q

At the end of the visit, you and your provider come up with a plan together that says what you want to try with your child by asking you five questions ("5Q") to establish your plan in between visits.

**Then, schedule your next visit.**

### 2 Observation

Your providers watch how you and your child play and interact in the things you do everyday. Your provider might show you a strategy to use, and then ask you to try it.

### 4 Problem Solving & Reflection

Your provider asks questions about what you've already tried with your child and what is typical for your family. Your provider listens to you and you both discuss what has or has not worked, and why it has or has not worked.

- **What** would you like to work on or continue to work on?
- **How** will you help? Which strategies would you like to practice?
- **When** can you practice the strategies?
- **Where** can you practice the strategies?
- **Who** else can practice the strategies with you?